

# DIGITAL HEALTH CHECK TOOL

for VET teachers, educators, and trainers above 50 years old who wish to develop their digital skills

The **Smart Digital Health-Check Tool** consists of:

➔ an online dynamic questionnaire that will be focused on **exploring the four pedagogical digital skills** that have been identified in the DigCompEdu and that we consider the most relevant ones for a further analysis:

- **Digital resources**
- **Teaching and Learning**
- **Assessment**
- **Empowerment strategies for learners**

## THE TOOL:

- **Indicates** the proficiency level of each participant in DigCompEdu in each area.
- It **works** as a list that states their strong points and competencies.
- It **motivates** them to work on the areas with low levels of proficiency by using the E-guides as the next step.
- It can also be used as a **post-assessment** to check their digital competencies after attending training.



# ACCESS THE TOOL HERE:

<https://digitalhealthcheck.digitalupskill.eu/>

- If you are a new user, you need to register first.
- Then you may edit your profile (optional).
- Choose your language.
- Click on the START button & choose the area you want to test your knowledge.
- Pick the statements that best describe yourself and your skills.
- Once completed, browse the report to reflect on your strengths.
- You may compare your previous progress with the current one.
- Lastly, you may delete any of your previous attempts to protect your data.

DIGITAL RESOURCES		Print PDF Email
	<b>SELECTING DIGITAL RESOURCES</b> To identify, assess and select digital resources for teaching and learning. To consider the specific learning objective, context, pedagogical approach, and learner group, when selecting digital resources and planning their use.	<b>B2</b> Expert
	<b>CREATING AND MODIFYING DIGITAL RESOURCES</b> To modify and build on existing openly-licensed resources and other resources where this is permitted. To create or co-create new digital educational resources. To consider the specific learning objective, context, pedagogical approach, and learner group, when designing digital resources and planning their use.	<b>C1</b> Leader
	<b>MANAGING, PROTECTING AND SHARING DIGITAL RESOURCES</b> To organise digital content and make it available to learners, parents and other educators. To effectively protect sensitive digital content. To respect and correctly apply privacy and copyright rules. To understand the use and creation of open licenses and open educational resources, including their proper attribution.	<b>B1</b> Integrator

**ENJOYED THAT?  
LOG IN AGAIN AFTER STUDYING THE  
E-GUIDES TO ASSESS YOUR SKILLS AGAIN!**



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